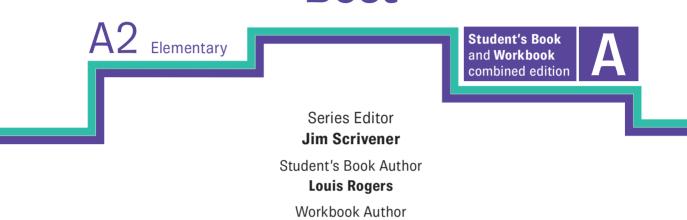


# Personal Best



**Genevieve White** 



			LANGUAGE		SKI	LLS
		GRAMMAR	PRONUNCIATION	VOCABULARY		
You and me  Neeting and greeting My summer blog Is that a "man bag"? Where's my wallet?	p4 p6 p8 p10	<ul> <li>the verb be</li> <li>possessive adjectives</li> <li>'s for possession</li> </ul>	■ contractions of <i>be</i> ■ sentence stress	<ul> <li>countries and nationalities</li> <li>numbers         <ul> <li>1 - 1,000</li> </ul> </li> <li>personal objects</li> </ul>	READING  a blog about a summer vacation  approaching a text  simple statements with be	SPEAKING  asking for and giving personal information asking for clarification  PERSONAL BEST  a conversation in Lost and Found
Work and play  2A What I do  2B Weekdays, weekends  2C Find a roommate  2D A new city	p12 p14 p16 p18	<ul> <li>simple present: affirmative and negative</li> <li>simple present: questions</li> </ul>	■ -s and -es endings ■ auxiliary verbs do/does in questions	<ul><li>jobs and job verbs</li><li>activities (1)</li></ul>	■ a video looking at work and free-time activities ■ listening for names, places, days, and times ■ introduction to the sound /a/	WRITING  ■ opening and closing an informal e-mail  ■ connectors: and, but, and or  PERSONAL BEST  ■ an e-mail to a friend
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People in my life  A Time together  A new group  C Opposites attract  A night out	p22 p24 p26 p28	<ul> <li>frequency adverbs and expressions</li> <li>love, like, hate, enjoy, don't mind + noun/-ing form</li> </ul>	■ sentence stress ■ -ing forms	■ family ■ activities (2)	READING  a website about local clubs you can join  scanning a text  also and too	<ul> <li>SPEAKING</li> <li>making plans</li> <li>accepting or declining an invitation</li> <li>PERSONAL BEST</li> <li>making plans with a friend to do an activity</li> </ul>
<ul> <li>4 Home and away</li> <li>4A 24 hours in the dark</li> <li>4B Weather around the world</li> <li>4C A long weekend</li> <li>4D A vacation with friends</li> </ul>	p30 p32 p34 p36	<ul><li>prepositions of time</li><li>present continuous</li></ul>	<ul><li>sentence stress</li><li>linking consonants and vowels</li></ul>	<ul><li>daily routine verbs</li><li>the weather and the seasons</li></ul>	■ a video about the weather in different parts of the world ■ listening for the main idea ■ sentence stress	■ describing a photo ■ using personal pronouns  PERSONAL BEST ■ an e-mail describing a vacation
3 and 4 REVIEW and PR	ACTICE	p38				
<ul> <li>5 What are you wearing</li> <li>5A Party time</li> <li>5B Don't tell me what to wear</li> <li>5C Do the things you love</li> <li>5D Can I try it on?</li> </ul>	p40 p42 p44 p46	<ul> <li>simple present and present continuous</li> <li>can and can't</li> </ul>	■ dates ■ <i>can</i> and <i>can't</i>	<ul><li>clothes</li><li>ordinal numbers</li><li>hobbies</li></ul>	READING  an article about uniforms and if we like wearing them identifying facts and opinions adjectives	SPEAKING  shopping for clothes offering help  PERSONAL BEST a conversation in a clothing store
6 Homes and cities 6A A small space 6B Amazing homes 6C The Big Apple 6D Beautiful places  5 and 6 REVIEW and PRA	p48 p50 p52 p54	<ul> <li>there is/there are, some/any</li> <li>prepositions of place</li> <li>modifiers</li> </ul>	<ul><li>there's/there are</li><li>sentence stress</li></ul>	<ul> <li>rooms and furniture</li> <li>common adjectives</li> <li>places in a city</li> </ul>	■ a video about unusual homes ■ identifying key points ■ contractions	WRITING  topic sentences describing places  PERSONAL BEST a description of your town or city
THE MENTEW and PRA	ROTICE	poo				

Grammar practice p112

Packet   P					WUKKBUU	K CONTENTS
The verb be   possessive adjectives   and is for possession   possessive adjectives   possessive adjective   possessive adjective   possessive adjective   possessive adject			LANGUAGE		SKIL	LS
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Work and play pseudoffirmative and register pp populations pp popu	p2 3 p3 5 p4	<ul> <li>possessive adjectives</li> </ul>		countries and nationalities		<ul><li>asking for and giving personal</li></ul>
p8	1 REVIEW and	PRACTICE p6				
People in my life    adverbs and frequency expressions   frequency expressions   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like hate enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind + noun/ ing form   lowe like enjoy, don't mind enjoy like enjoy li	A p8 B p9 C p10	affirmative and negative simple present:	■ auxiliary do/does in		<ul><li>listening for names,</li></ul>	<ul><li>opening and closing an inform</li></ul>
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p20 p21 p22 p23  What are you wearing? p26 p27 p28 p29  There is/there are some/any and p29 p29  There is/there are sentence stress p32 p33 p34 p35 p34 p35	3 REVIEW and	PRACTICE p18				
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wearing?  present continuous  can and can't  page  present continuous  can and can't  numbers  hobbies  identifying facts and opinions  offering help  offering help  There is/there are, some/any and prepositions of place  page  modifiers  present continuous  can and can't  numbers  hobbies  identifying facts and opinions  writere's/there are  sentence stress  places in a city  writing  writing  identifying key points  in dentifying help  writing  writing  in prepositions and opinions  in page  in	4. REVIEW and	PRACTICE p24				
Homes and cities    there is/there are, some/any and prepositions of place   modifiers     there is/there are, some/any and prepositions of place   modifiers     there is/there are, some/any and prepositions of place   modifiers     there is/there are sentence stress   modifiers     there is/there are sentence stress   modifiers     there is/there are modifiers	wearing?  A p26 B p27 C p28	present continuous		numbers	■ identifying facts	
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	6 REVIEW and	PRACTICE p36				

## You and me

LANGUAGE

the verb be countries and nationalities numbers 1–1.000

## 1A Meeting and greeting

- 1 What country are you from? Name three more countries near your country.
- **2** A Match the countries in the box with maps 1-6.

Colombia Germany Turkey the U.S. Brazil Japan













- **B** 1.1 Listen. Write the letter of each speaker next to the correct map.
- 3 Listen again. Write the nationality of each country in exercise 2. the U.S. - American



#### Go to Vocabulary practice: countries and nationalities, page 136

**4** A In pairs, look at the pictures. Where do you think the people are from? **B** Read the conversations in exercise 5 and match them with pictures a-c.







5 D1.3 Listen and complete the conversations.



Emilia Hello. My name's Emilia and this is Sara. Sabine Hi, <sup>1</sup>\_ Nice to meet you. Emilia You, too. Where from? Sabine I'm from Germany. And you? Emilia

Sara

from Colombia, from Bogotá. I'm not! I'm from Cali.

Sam Oscar, this is Meiko. from Japan. And Meiko, this is Oscar. from Brazil. **Oscar** Nice to meet you, Meiko. Meiko You, too, Oscar. **Oscar** How do you spell your

name? Meiko <sup>6</sup> M-E-I-K-O.

**Jo** Hi, Ali. How are you? Ali Good, thanks. And you? Jo I'm fine. Where are Jean and Paola? **Ali** They're not here. <sup>7</sup> at the conference center. Jo What about Andreas?

Ali 8 \_ here. His train's late.

**6** Choose the correct forms of *be*. Use the conversations in exercise 5 to help you. Then read the Grammar box.

	'm not 's 're not 'm 're 's not						
2	1   am = 2   You / We / They are = 3   He / She is =	4   I am not = 5   You / We / They are not = 6   He / She is not =					
ונ	Grammar the verb <i>be</i>						
	Affirmative: I'm from Italy. She's Japanese. We're G	erman.					
Negative: I'm not from Spain. He's not/He isn't here. They're not/They aren't American.							
	Questions and short answers:  Are you from Spain? Yes, I am. No, I'm not.	Is Andreas here? Yes, he is. No, he's not/he isn't.					



#### Go to Grammar practice: the verb be, page 112

7 A D1.5 Pronunciation: contractions of be Listen and repeat the contractions.

I'm you're he's she's it's we're they're

B 1.6 Say the sentences. Listen, check, and repeat.

1 I'm American and they're Brazilian.

3 You're Peruvian and we're Turkish.

4 She's from Russia.

8 Complete the sentences with the correct form of *be*. Use contractions if possible.

Pedro \_\_\_\_\_\_ Brazilian. He \_\_\_\_\_\_ from Recife.
 My parents \_\_\_\_\_\_ from Poland.
 Dublin \_\_\_\_\_\_ in the UK. It \_\_\_\_\_\_ in the Republic of Ireland.
 " \_\_\_\_\_\_ your name Carlos?" "No, it \_\_\_\_\_\_ Carlo."
 " \_\_\_\_\_\_ you from Mexico?" "No, I \_\_\_\_\_\_ . I \_\_\_\_\_ from Peru."

9 In pairs, look at the pictures. What countries are the people from? What nationality are they?

A This is ... He's American. B No, he's not. He's Canadian!



#### Go to Communication practice: Student A page 158, Student B page 167

**10** Write the words or numbers.

 1
 \_\_\_\_\_\_ twenty-five
 6
 634
 \_\_\_\_\_\_ two hundred and eight

 2
 36
 \_\_\_\_\_ two hundred and eight

 3
 \_\_\_\_ a hundred and forty-three
 8
 908
 \_\_\_\_\_ a thousand

 4
 364
 \_\_\_\_ a thousand
 \_\_\_\_\_ a thousand

 5
 \_\_\_\_ seventy-seven
 10
 894
 \_\_\_\_\_\_



#### Go to Vocabulary practice: numbers 1–1,000, page 136

11 In pairs, introduce yourselves to each other. Say your age if you want to.

(	Hello. My name's		You	, too.	)	ľm .		l'm	years old.
	1	Nice to meet y	ou.	Wh	ere are you from	?	How old are	you?	

#### **SKILLS**

## 1B My summer blog

1 Do you like sports? What's your national sport? What sports do people usually do in the summer?

### approaching a text

Before you read a text, predict as much information as you can.

- Read the title of the text. Can you guess what it means?
- Are there any pictures? What people, places, and things can you see?
- Are there any headings for the different sections? What are the sections about?
- 2 Read the Skill box. In pairs, look at the title, headings, and pictures in the text. Answer the questions.
  - 1 What type of text is it?
  - 2 Who is the text about?
- 3 Read the text. Choose a title for each post.
  - **1** Week 1
- a Time to go home
- 2 Week 2
- **b** Learning English
- 3 Week 3
- c My host family
- 4 Week 4
- **d** Enjoying the tournament
- 4 Read the text again and answer the questions.
  - 1 What is María's nationality?
  - **2** Where are Helen and Alex from?
  - **3** What are María's favorite places in London?
  - 4 Who is Hitoshi?
- 5 Find words in the text to match to the pictures.

- **3** Where is she right now?
- 4 What is she doing there?

- 5 Where is María's English teacher from?
- **6** Where are the teams in the tournament from?
- 7 When are the games?



Text builder simple statements with be

Simple statements with be have this pattern: subject + verb + complement :

This is my blog.

The teams are from Spain, Brazil, Portugal, Poland, Russia, England, Mexico, and Japan.

- 6 Read the Text builder and look at the Week 1 post in the text again. Draw a box around the subjects, (circle) the forms of be, and underline the complements.
- 7 In pairs, think of a sport you love. Tell your partner about it. I love ... It's really ...

# María Gómez My month in London





Hello! I'm María Gómez. I'm 21 years old, and I'm from Cádiz in Spain. I'm a student, and I love soccer! Right now, I'm in the U.K. I'm at a language school to learn English, but I'm also here for an international soccer tournament for students! This is my blog about my month in London.

#### Week 1

This is my host family. They're very nice. Helen's English and Alex is Scottish, and their children are named Jenny and Jacob. Jenny's fourteen and Jacob's twelve. Sometimes I play soccer in the park with Jenny and Jacob, and sometimes we all go for a walk in the center of London. It's a really interesting city. My favorite places are Big Ben, Buckingham Palace, and Tower Bridge.



#### Week 2

This is my language school. There are lots of students from different countries, and we all speak English together. My classmates are really friendly. I always sit with Hitoshi. He's Japanese. Our English lessons are fun! Our teacher's name is Kerry, and she's from Australia.



#### Week 3

I'm at the soccer tournament now. The teams are from Spain, Brazil, Portugal, Poland, Russia, England, Scotland, and Japan. We train every morning. I think we're a good team because we're very fast. The games are in the evening. They're really exciting!



#### Week 4

We're the champions! @ I'm happy, but I'm also sad because it's the end of my month here. Goodbye, London! Until next time!



## 1C Is that a "man bag"?

- 1 In pairs, look at the pictures in the text below. Can you name the objects?
- A Read the text. Do you think the objects in the list are from a handbag, a "man bag", or both?
   B ▶ 1.8 Listen to a radio program. Check (✓) the objects that you hear.

## His bag or her bag?



Where do you put your things when you go out? If you're a woman, your things are probably in your handbag, but what about men? Today, 50% of men also have a bag – a "man bag." Is a "man bag" the same as a handbag? And what do men and women carry in their bags?

	HANDBAG	MAN BAG
keys		
chewing gum		
hairbrush		
gloves		
candy		
tablet		
umbrella		
phone		
wallet		
change purse		



#### Go to Vocabulary practice: personal objects, page 137

3 1.11 Listen to the start of the radio program again and choose the correct options.

**Host** Zoe's here with  $^1$  *she / her* handbag, and Harry's here with  $^2$  *he / his* "man bag." What's in  $^3$  *their / they* bags? Zoe, you first. What's in  $^4$  *you / your* handbag? **Zoe** Let's take a look. Here are  $^5$  *I / my* keys and  $^6$  *my / me* hairbrush.

**4** A Look at exercise 3 again. Then read the Grammar box. Which possessive adjective is for things that belong to:

1 a man? \_\_\_\_\_ 2 a woman? \_\_\_\_ 3 more than one person? \_\_\_\_\_

**B** Are possessive adjectives the same or different with singular and plural nouns?

#### **Grammar** possessive adjectives my bag/bags my your umbrella/umbrellas you your he his his pen/pens she her her glove/gloves it its its photo/photos we our our key/keys their tablet/tablets they their



5	A 1.13 Pronunciation: sentence stress Liss stressed words in each sentence.	iten and repeat the sentences. <u>Underline</u> the
	<ul><li>1 What's in your handbag?</li><li>2 Here are my keys.</li></ul>	<ul><li>3 His sunglasses are on the table.</li><li>4 What's their phone number?</li></ul>
	<b>B</b> 1.14 Practice saying the sentences. Listen, of	check, and repeat.
	1 Your tablet's new.	3 Here are our photos.
	2 Where's my umbrella?	4 Her gloves are blue.
6	Complete the sentences with a subject pronoun of	or a possessive adjective.
	1 My friends are Brazilian're from	4 name's Ahmed. He's 32 years old.
	Rio de Janeiro.	5 They're from Italy names are
	2 A Where are sunglasses?	Francesca and Marco.
	<b>B</b> On your head!	6 This is George's from San Diego.
	3'm Spanish. Here's	7 We're in the baggage area at the airport, but
	identity card.	are bags here?
7	Look at the sentences. Complete the rules about	possession. Then read the Grammar box.

### Grammar

1 It's Carl's bag.

2 It's my sister's phone.

#### 's for possession

For a singular noun or name: Mary's glasses are in her bag.

3 They're my friends' umbrellas.

For a plural noun: My parents' car is red. Irregular plural nouns:

After a singular name (e.g., Mary), we add \_\_\_\_\_. After a singular noun (e.g., girl), we add

After a regular plural noun (e.g., boys), we add

The children's toys are everywhere!



#### Go to Grammar practice: 's for possession, page 113

8 D1.15 Look at the picture and listen to John and Mary. Match the possessions with the people in the box.

John Mary John's friends Mary's sister Carl

- 9 Choose the correct options to complete the sentences.
  - 1 It's Lucy's bag / Lucy bag.
  - 2 They're Harry's / Harrys' glasses.
  - 3 I'm an English teacher. Here are all my student's / students' books.
  - 4 It's my friends' / friend's phone. Look, this is his photo.
  - 5 Here are the mens' / men's umbrellas.

#### Go to Communication practice:

Student A page 158, Student B page 167

**10** A In groups of three to five, follow the instructions.

Student A: Close your eyes.

Other students: Put one of your possessions on the table.

Open your eyes. Guess whose things are on the table.

Is it Manuel's watch? Are they Maria's glasses?

**B** Repeat the activity. Take turns being Student A.





## 1D Where's my wallet?

- 1 Answer the questions below.
  - 1 Look at the picture of a lost property office (Lost and Found) in London. What can you see?
  - 2 What other things can you find in a Lost and Found?
  - 3 What things do you often lose?
  - 4 What buildings usually have a Lost and Found?



2	<b>A</b> 1.16	Watch or lis	sten to the first part	of a we	bshow called <i>Learnir</i>	ng Curve. What object is missing?	
	<b>B</b> 1.16	Watch or lis	sten again. Check (	$\checkmark$ ) the th	nings that are in Kate'	s backpack.	
	keys wallet stamps		sunglasses mirror tablet		cookies tissues chewing gun		
3	1.17	Watch or liste	en to the second pa	art of the	e show. Are the		

sentences true (T) or false (F)? 1 The assistant in the Lost and Found is named Harry. 2 Kate's personal information is already in the computer. 3 Kate loves James Bond.

4 Kate's phone is in the assistant's box.

5 Simon's phone is different from Kate's.



Yes, it's k.mcrea\_007@gmail.com.

4 A In pairs, complete the questions in the conversation with the words in the box.

address mobile number e-mail address postcode number first name spell

**Assistant** Here's the lost property form. Time Assistant OK. Lost mobile. What's your to fill it out. I'm ready. What's your \_, please? Kate It's 02079 46007. It's Kate. Simon Isn't that your home phone number? Kate **Assistant** K-A-T-E. What's your surname? Kate Yes, he can call me at home! Oh ... it's McRea. Assistant Could you say that again, please? Kate Assistant How do you 2\_ \_ that, please? Kate Yes, it's 02079 46007. **Assistant** And what's your <sup>5</sup>\_\_\_\_ **Kate** M-C-R-E-A. \_, please? **Assistant** Thanks. And what's your <sup>3</sup>\_ Kate 222 Baker Street, Marylebone, London. **Assistant** OK. What's your <sup>6</sup>\_\_\_\_\_ It's missing. Kate **Assistant** Could you say that again, please? Kate NW1 5RT. **Assistant** Do you have an <sup>7</sup>\_ Kate My cell phone is lost.

Kate

B 1.17 Watch or listen again to check.